

5.3 Community Health outreach programmes

5.3.1 Local communities

UIC Barcelona carries out numerous initiatives to support local communities, highlighting its commitment to solidarity and social integration.

Local volunteering

UIC Barcelona is committed to providing comprehensive support to people with disabilities, pregnant women, elderly people and vulnerable communities through specific programmes to address their needs. The University develops projects to facilitate social integration, promoting inclusion and active participation in the community. In addition, it organises activities and programmes focused on the physical and mental well-being of children, adolescents and young people, including educational and prevention initiatives to improve the quality of life and well-being of all beneficiaries.

UIC Barcelona offers [local volunteer](#) programmes aimed at improving the quality of life in local communities. During the 2022-2023 academic year, 21 volunteer opportunities were offered, with the participation of 94 interested students and 32 active volunteers. These initiatives have collaborated with 12 social entities.

Collaboration with the City of Sant Cugat

UIC Barcelona and Sant Cugat Town Council cooperate to offer an oral health check-up service for users of Social Services. The Universitat Internacional de Catalunya and the City of Sant Cugat announced a collaboration agreement through which the Faculty of Dentistry offers its services to people in socially vulnerable situations who are users of municipal social services. The main objective of the initiative is to ensure that lower-income individuals have access to the basic health services offered by the University Dental Clinic. Thanks to this collaboration between Sant Cugat Town Council and the Faculty of Dentistry at UIC Barcelona, which began on 3 December, the University Dental Clinic now offers users of the municipal social services a free oral check-up and, if necessary, treatment at a reduced price.

Manresa's Invulnerables Programme

The "la Caixa" Foundation's Invulnerables programme to fight child poverty, promoted by Sr Lucía Caram, director of the Santa Clara Convent Foundation, renewed the collaboration agreement with the Faculty of Dentistry to continue supporting families of the Invulnerables Programme in Manresa. At the signing the dean of the Faculty, Dr Lluís Giner, the manager of the University Clinic of Dentistry, José María García Navas, the manager of the Faculty centre, Elisa Sanagustín, the corporate director of Social Programmes of the Foundation "la Caixa", Montserrat Buisán, and Sr Lucía Caram were present. With the renewal of this agreement, Sr Lucía Caram highlighted "the involvement and professionalism, as well as the follow-up and coordination" by all

those involved in the project, inviting other territories to join initiatives that ensure the rights of children and their overall health.

Health Promotion Day for the physical and mental health of young adolescents

The 3 March 2023, under the slogan “What happens when you go too far?”, [the 11th Health Promotion Day](#), was held with the participation of over 100 adolescents. During the day, practical and visual workshops were held addressing various situations and scenarios related to alcohol and drug use, bullying and abuse, how to perform first aid and CPR, and the use of social networks.

5.3.2 Socially marginalised people

[AIDIR Ciutat Vella](#) is a UIC Barcelona project dedicated to providing care and support to people in vulnerable situations to improve their health and well-being through social and health intervention programmes.

Healthy ageing

The [AIDIR Pere Virgili](#) Unit of UIC Barcelona develops projects to promote healthy ageing. These projects address aspects such as physical and mental health, loneliness and comprehensive care for the elderly.

During the [Person, Society and Care Symposium](#) held at UIC Barcelona, experts from different disciplines analysed care from different perspectives, addressing issues such as ageing, loneliness and mental health, and exchanging experiences and initiatives beyond the health field.

[The 9th Interdisciplinary Approach to the Elderly Seminar focuses on the experiences of family members and people with Alzheimer's disease](#). On 18 October, the Sant Cugat Campus hosted the 9th Conference on Interdisciplinary Approach to the Elderly, under the title “How does Alzheimer’s impact on our lives?” Organised by the fourth year students of the Degree in Nursing, it focuses on the experiences of relatives and people with Alzheimer's.

5.3.3 Solidarity collaborations

The University Dental Clinic (CUO) of UIC Barcelona collaborates with various entities to offer oral care to people in vulnerable situations. These collaborations include municipalities, humanitarian organisations and foundations working with refugees.

- [Invulnerables](#)
- [Centre for Temporary Immigrant Housing \(CETI\) in Melilla](#)
- Santa Ana
- [CEAR - Spanish Commission for Refugee Aid](#)
- [SOS Ukraine](#)
- [Project Edugascar](#)

Among our collaborations we would like to highlight the Edugascar Project. The Faculty of Dentistry organised a trip to Madagascar in a dental care solidarity programme for vulnerable patients. Students and teachers of the UIC Barcelona Bachelor's Degree in Dentistry participated in the Edugascar project, an applied clinical training course providing solidarity care to vulnerable people in a rural area of Madagascar. The trip took place from 9 to 13 October 2023.