

Sex education

Sexual and reproductive health education for medical students

All medical students receive training in sexual and reproductive health throughout their studies, from the physiological and pathological phenomena of human reproduction and its treatment. Below are subjects where these topics are addressed:

- [Structure and Function: Reproductive System](#)
- [Obstetrics and Gynaecology](#)

Sexual health information and education for students

*UIC Barcelona is committed to offering comprehensive training that covers both the academic field and the personal development of its students. As part of this commitment, the University organises **various workshops and training cycles aimed at promoting the emotional well-being and relational health of its students.***



- **Workshops on building healthy relationships (free)**

Organised by the Institute of Advanced Family Studies and the Unit for Equality and Inclusion of UIC Barcelona, with the collaboration of Support - University Psychology and Psychiatry Clinic (UIC Barcelona).

In this two-day workshop, held at both the Barcelona and Sant Cugat campuses, students learned how to address key issues in toxic relationships, how to detect situations of violence and harassment, and how to improve personal self-esteem and the quality of their relationships in a practical way, guided by experts.

[Programme](#)

- **Conference: “Marriage is a great adventure that needs our creativity” by Mariolina Ceriotti (free)**

The first graduating class of the postgraduate programme in Family Coaching and Guidance of the Institute for Advanced Family Studies (IESF) of UIC Barcelona, was sponsored by Italian neuropsychiatrist Mariolina Ceriotti, who highlighted the importance of creativity in marriage. About thirty students, from over ten nationalities collected their diploma at an event that took place in the Aula Magna of UIC Barcelona.

- **Series: Falling in love, love and human sexuality**

The [Institute of Advanced Family Studies](#) at UIC Barcelona organised the cycle “Falling in love, love and human sexuality”, composed of five sessions that addressed topics related to falling in love, love and human sexuality. The sessions were held at the Colegio Mayor Bonaigua in Barcelona, from 7 to 8.30 p.m. and the topics included body and fertility, personal affection, myths about relationships, dating and sexuality, and current challenges about love and human sexuality. The registration for the five sessions was €10, and the series was with the collaboration of the Colegio Mayor Bonaigua.

- [Session 1](#)
- [Session 2](#)
- [Session 3](#)
- [Session 4](#)
- [Session 5](#)