

International volunteering

Academic year 2022-2023

Volunteering has no borders: discover solidarity around the world and help people in need in other countries. To participate, simply choose a project and take off on a new adventure. Take this opportunity to live an unforgettable experience.

In addition, if you need financial aid, submit the project you are participating in to the [Cooper Plan](#), a call for grants for cooperation and social commitment projects.

Sign up [here](#) for the information session:

- Campus Barcelona, 12 March at 2 p.m. in room A-504
- Sant Cugat Campus, 13 March at 2 p.m. in classroom A-21

Uganda



Organised by: [Cooperating Volunteers](#) works together with other associations (NGOs, schools, hospitals, orphanages, etc.) so that volunteers can help the needy populations in a safe and responsible way.

Objective: You can choose which programme to cooperate with: Childcare programme in an orphanage, reception centre or nursery school through recreational and educational activities. Teaching programme in primary schools (ages 4 to 17). Medical volunteer programme* helping in the day-to-day tasks of a hospital. *Student or professional certificate is required. [Click here for more information.](#)

Dates: A minimum of two weeks at some point during the months of June, July and August.

Estimated cost: €450 for two weeks including meals and accommodation (flights, visa, local transport, vaccines and travel insurance not included).

Contact: solidaritat@uic.es

Fort Portal, Uganda



Organised by: Cooperating Volunteers works together with other associations (NGOs, schools, hospitals, orphanages, etc.) so that volunteers can help the needy populations in a safe and responsible way.

Objective: You can choose which programme to cooperate with: Childcare programme in an orphanage, reception centre or nursery school through recreational and educational activities. Teaching programme in primary schools (ages 4 to 17). Medical volunteer programme* helping in the day-to-day tasks of a hospital. *Student or professional certificate is required. Click [here](#) for more information. (linkar el document "Uganda - Cooperating)

Dates: A minimum of two weeks at some point during the months of June, July and August.

Estimated cost: €450 for two weeks including meals and accommodation (flights, visa, local transport, vaccines and travel insurance not included).

Contact: solidaritat@uic.es

Kenya



Organised by: [Cooperating Volunteers](#) works together with other associations (NGOs, schools, hospitals, orphanages, etc.) so that volunteers can help the needy populations in a safe and responsible way.

Objective: You can choose which programme to cooperate with: Child care programme where the main objective is to provide care, education and pedagogical support. Teaching programme in which volunteers will attend local schools helping teachers in providing quality education. Care programme for people with special needs. Medical programme, aimed at students or recent graduates in the health world collaborating in a local hospital. For further information, click [here](#)

Dates: A minimum of two weeks at some point during the months of June, July and August.

Estimated cost: €400 for two weeks including meals and accommodation (flights, visa, local transport, vaccines and travel insurance not included).

Contact: solidaritat@uic.es

India



Organised by: Cooperating Volunteers works together with other associations (NGOs, schools, hospitals, orphanages, etc.) so that volunteers can help needy populations in a safe and responsible way.

Objective: You can choose which programme to cooperate with: Volunteer programme in an orphanage helping in daily and educational activities. Teaching programme in rural private schools and for children who do not have the financial means to attend school where they will be taught English, mathematics, art or sport. Women's development programme to support women in the search for a healthy and sustainable means of life. Medical volunteer programme for people without resources. [Click here for more information](#)

Dates: A minimum of two weeks at some point during the months of June, July and August.

Estimated cost: €460 for two weeks including meals and accommodation (flights, visa, local transport, vaccines and travel insurance not included).

Contact: solidaritat@uic.es

Greece



Organised by: The [Colegio Mayor Bonaigua](#) is a women's residence and university centre that offers academic, cultural, sports, and charity activities in addition to room and board, as well as a humanist and Christian education from a holistic

perspective, as well as a humanist and Christian education, from a holistic perspective.

Objective: Volunteer at a Summer Camp for children from a disadvantaged neighbourhood in Athens. Support families in danger of social exclusion. As Greece is the European country that receives the highest number of refugees, volunteers will also take part in several social inclusion projects aimed at this area.

Dates: From 30 June to 14 July.

Estimated cost: €300 plus the cost of the flight.

Registration deadline: 15 May

Contact: solidaritat@uic.es

Tanzania - Rafiki



Organised by: Rafiki Projects For Development is a Tanzanian non-profit organisation that works in the Arumeru district of Arusha, northern Tanzania. The

organisation is dedicated to encouraging development in different communities and reducing social inequality through educational and health projects.

Objective: Educational programme: Organising and running workshops and activities for children with special needs. Social programme: At the Social Centre, volunteers collaborate towards organising workshops based on their experience and training. Care programme for elderly people who have trouble meeting their basic needs (food, water, access to sanitation). Basic healthcare programme in Kisambre: Supporting local doctors to care for vulnerable people in the area. Click [here](#) for more information.

Dates: A minimum of three weeks at some point during the months of June, July and August.

Estimated cost: €15/day, which includes meals and accommodation (flights, visa, local transport, vaccines and travel insurance not included).

Registration deadline: Two months before volunteering

Contact: solidaritat@uic.es

Brasil - Bonaigua



Organised by: The [Colegio Mayor Bonaigua](#) is a women's residence and university centre that offers academic, cultural, sports, and charity activities in addition to room and board, as well as a humanist and Christian education from a holistic perspective.

Objective: In the city of Recife, Brazil. In the mornings, volunteers will carry out home visits to cover the needs of local residents and gather relevant data for the city council, in conjunction with the Brazilian Department of Education. Volunteers will also visit a children's home where educational, health and recreational activities and workshops will be held.

Dates: From 8 to 22 July.

Estimated cost: €1,300 per person.

Registration deadline: 30 April.

Contact: solidaritat@uic.es

Fundació Montblanc - Jordània

Organised by: [Fundació Montblanc](#) is a private foundation, of a cultural and welfare nature, established in 1998 by a group of Catalan professionals united by the desire to promote human development with special emphasis on the protection of children and young people.

Objective: Volunteer with the Comboni Missionaries in Jordan to organise and run a Summer Camp for children of refugee families.

Dates: from 14 to 29 July.

Estimated cost: €900 per person.

Registration deadline: 15 May.

Contact: solidaritat@uic.es