

Summer volunteering

2022 – 2023 academic year

Summer is nearly here! Classes are coming to an end and you'll soon have more free time. Make the most of it and give yourself an unforgettable experience! There's no need to catch a plane or go too far, there are plenty of people who need your help right here in your own city. Interested?

Children at risk of exclusion



Volunteer work: Help as a summer camp volunteer for children between the ages of 7 and 14 who are at risk of social exclusion.

Timetable: One full week in July to choose from (Monday to Friday).

From 8.30 a.m. to 5.00 p.m.

Location: C/ Reina Amàlia, 2 (Barcelona)

Contact: solidaritat@uic.es

Terral

Volunteer work: Help with different summer camp activities for girls between the ages of 4 and 14 who are at risk of social exclusion.

Timetable: One full week in July to choose from. Between 25 June and 26 July. From 9.00 a.m. to 5.00 p.m.

Location: C/ de la Rambla 11 - 13, low in Barcelona)

Contact: solidaritat@uic.es

Foundation of Hope

Volunteer work: Help out in summer camp activities aimed at children and adolescents between the ages of 6 and 16.

Timetable: Between 25 June and 14 August. From 9.00 a.m. to 3.30 p.m. Monday to Friday. We recommend getting involved for at least two weeks if at all possible, but all candidate proposals will be considered.

Location: Plaza de Sant Just, 5 (Barcelona)

Contact: solidaritat@uic.es

People with functional diversity



AIS Ayuda a la infancia sin recursos

Volunteer work: Helping at inclusive summer leisure camps for people with disabilities. This involves being with them, helping them eat, doing craft workshops with them, helping them to swim in the pool and helping the nursing team move them from their chairs.

Timetable: 2 to 12 July (there is flexibility for volunteers to go the days they can).

Location: C/ Nou, s/n, Vilopriu, Girona.

Contact: solidaritat@uic.es

Estímia Care Home

Volunteer work: Participate in the activities scheduled at the centre and support users with functional diversity.

Timetable: 1 June to 31 August, Monday to Friday, 5.00 to 8.00 p.m.

Location: Vía Augusta, 370 (Barcelona)

Contact: solidaritat@uic.es

FamiliaAMIC Association

Volunteer work: Participate in the summer camp, helping to carry out different activities with people with different abilities.

Timetable: 25 June to 18 July, 9.00 a.m. to 2.00 p.m.

Location: C/ Lli, 7 (Valldoreix)

Contact: solidaritat@uic.es

Older people



Aste BCN

Volunteer work: Provide individual or group support to older people.

Timetable: A minimum of two hours a week to be confirmed with the organisation.

Location: Care homes located in the neighbourhoods of Gràcia and Sant Gervasi (Barcelona).

Contact: solidaritat@uic.es

Coravis

Volunteer work: Accompany older people by supporting resident home activities such as bingo and cooperate in whatever is needed for trips outside the centre.

Timetable: A minimum of two hours a week to be confirmed with the organisation.

Location: Care homes within the city of Barcelona.

Contact: solidaritat@uic.es

Pregnant women with few resources



Casa Guadalupe

Volunteer work: Help with the DIY projects to be completed in the new house that is about to open (painting, sanding, etc.) and cooperate with the day-to-day activities with children, overseeing the nurseries, etc.

Timetable: During the month of July, to be confirmed with the organisation in a timetable between 9.30 a.m. to 1.30 p.m. or from 4.00 p.m. to 8.00 p.m.

Location: Terrassa and Sabadell.

Contact: solidaritat@uic.es

Hogar de María Association

Volunteer work: Help in the activities of the house and act as baby sitter kangaroo while mothers complete training courses.

Timetable: 10.00 a.m. to 2.00 p.m. or 11.00 a.m. to 4.00 p.m. on weekdays.

Location: Barcelona.

Contact: solidaritat@uic.es

Homeless shelter



Need Ü

Volunteer work: Serve dinner, accompany, care for, listen to and support homeless people..

Timetable: Each Sunday from 8.00 a.m. to 1.00 p.m.

Location: Virgen de la Paz Parish. Plaza Ferran Casablanca, 4 (Barcelona)

Contact: solidaritat@uic.es

Assisi Reception Centre

Volunteer work: Helping to prepare breakfast and taking care of the dining room and IT classes. In the afternoons participate by organising food, helping with clothing, distributing food, etc. for the homeless.

Timetable: Monday to Saturday, 7.30 a.m. to 12.00 p.m. Afternoons: 3.00 p.m. to 5.30 p.m. (At least one day a week.)

Location: Via Augusta, 405-407 (Barcelona)

Contact: solidaritat@uic.es

People at risk of social exclusion



Goodwill in Action

Voluntariat: Help in the search for work to the people who come to the organisation

Horari: At least once a week. Mondays and/or Wednesdays from 9.30 to 11.00 a.m. and/or from 11.15 a.m. to 12.45 p.m.. Mondays from 4.00 p.m. to 5.30 p.m. and/or from 4.45 p.m. to 19.15 p.m. during the months of June and July.

Localització: Passeig de Montjuïc 70, Barcelona

Contacte: solidaritat@uic.es